

Federal TRiO

UPWARD BOUND

WORKING TOGETHER

Upward Bound and Target Area Schools

The following federal TRiO programs also provide services for low-income and/or first-generation college students:

Partnering Schools

Booker T. Washington High School
Churchland High School
Granby High School
Lake Taylor High School
Maury High School
Norview High School

Eligible Project Participants Must:

- Meet the income eligibility criterion established by Federal Guidelines
- Be a potential first-generation college bound student (neither parent received a baccalaureate degree) and whose parents are of low income
- Be at least 13 years old and a rising 9th grader at the time of acceptance
- Be enrolled in the 9th, 10th or the beginning of the 11th grade, and be enrolled in one of the target area high schools
- Be a citizen or national of the United States
- Reside in Norfolk or Portsmouth (attending Churchland High School)
- Have a need for academic support in order to successfully pursue a program of study in education beyond high school

The Parents' Committee provides an opportunity for parental involvement in the areas of encouraging academic progress and personal growth, supporting student activities and scholarship, as well as, assisting in building better community relationships.



Educational Opportunity Center provides educational, career and financial aid counseling to adults 19 years of age or older.

Ronald E. McNair Post-baccalaureate Achievement Program is designed to prepare college students for doctoral studies.

Student Support Services provides academic support to increase the retention and graduation rates of eligible students attending Old Dominion University.

Talent Search provides academic and career assistance to persons ages 11–27. The program also assists dropouts with re-entering educational programs.

Veterans Upward Bound provides services designed to motivate and prepare veterans who have actively served in the military and are interested in pursuing postsecondary education.

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CENTER FOR HIGH IMPACT PRACTICES
Old Dominion University
Norfolk, VA 23529



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Upward Bound is a federally funded program whose goals are to motivate and provide academic assistance to eligible high school students who show promise for success in education beyond high school.

Located on the campus of Old Dominion University, the Upward Bound Program has two components, an academic year component and a summer residential component. During the academic year, students attend sessions on Saturdays and receive tutorial instructions designed to enrich their performance in high school classes. During the summer, students reside on campus for six weeks and receive intensive classroom instructions to prepare them for the upcoming school year.

The Program is offered to rising ninth, tenth, and the beginning of the eleventh grade students, who attend one of the target area high schools. Selected students must show potential for success in a two or four-year college. Admission to such institutes would be difficult for many, without the benefit of academic support from Upward Bound or a similar program.

Academic Services provided by the program include classroom instructions and tutorial assistance in English, reading, mathematics, science and laboratory science, foreign language (French and Spanish), social studies and elective classes.

Guidance and Counseling Services assist students in making appropriate college plans, academic decisions, and career choices. Financial literacy is taught as well.

College Tours and Cultural Enrichment activities are provided to increase students' awareness of their environment and college admissions' requirements.

Stipends are given for program participation each Saturday during the academic year. A weekly stipend is also given during the summer residential component. In order to receive the stipend, the participant must show evidence of satisfactory participation in program activities to include: regular attendance, active classroom participation, and improved academic performance.

Transportation to and from College Tours, and Cultural Enrichment activities is provided for participants by the Upward Bound Program. Parents are responsible for transportation to the Saturday tutorial sessions.

The Faculty consists of local high school teachers and Old Dominion University's faculty, who also provide academic assistance, seminars, and conduct workshops. and. Old Dominion students work as tutor-counselors for the program during the academic year. They assist the instructors in the classroom and act as mentors for the students by discussing high school matters and college choices.

For more detailed information please contact:

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www.odu.edu/partnerships/community/programs/upwardbound



TRIO Upward Bound Program TRIO Upward Bound Program is funded by the Federal Government through the U. S. Department of Education, Washington, D.C. 20202.

